

Organizers:



Hong Kong College of Cardiology



Hong Kong Society of Paediatric Cardiology  
香港兒科心臟學會

# Paediatric Cardiology Symposium 2025

## “Exercise in Children with Troubled Hearts: Where do we stand”



11 January 2025 (Saturday)



13:30 – 17:00



Cordis Hong Kong

Time	Topic	Speakers
12:00 – 13:30	Light Lunch	
13:30 – 13:35	Opening Remarks	Dr. Chen Hay Son, Robin
<b>Session 1</b>		
Chairpersons:	Dr. Cheung Wai Yin, Eddie and Dr. Lun Kin Shing	
13:35 – 14:05	<b>Exercise Prescription in Patients with Heart Diseases</b> - From Guidelines to Practice	Dr. Yung Tak Cheung
14:05 – 14:15	Q&A Session	
14:15 – 14:35	<b>Navigating The Fitness Journey of Children with Congenital Heart Diseases</b> - From Fear to Empowerment	Dr. Cheng Yan Wah, Vinson
14:35 – 14:45	Q&A Session	
14:45 – 15:25	<b>Open Forum (to be conducted in Cantonese)</b> Challenges In Exercise Prescription - From Theory to Real Life	Dr. Chen Hay Son, Robin & Dr. Kwok Sit Yee (Facilitators)
15:25 – 15:45	Coffee Break	
<b>Session 2</b>		
Chairpersons:	Dr. Fong Nai Chung and Dr. Lee Shuk Han, Maria	
15:45 – 16:05	<b>Exercise Testings</b> - From the Simple to The Sophisticated	Dr. Chan Kwok Lap
16:05 – 16:15	Q&A Session	
16:15 – 16:35	<b>Optimizing Paediatric patients with Heart Failure</b> - From Rehabilitation to Prehabilitation	Ms Raphael Chan
16:35 – 16:45	Q&A Session	
16:45 – 16:50	Closing Remarks	Dr. Cheng Yan Wah, Vinson

- CME/CNE is being applied and will be announced later.
- Only limited seats are available. Priority of seats will be given to fellows and members of Hong Kong College of Cardiology and Hong Kong Society of Paediatric Cardiology.
- Successful enrollment will be informed by Email before the event.
- The decision of Hong Kong College of Cardiology and Hong Kong Society of Paediatric Cardiology shall be final and conclusive.

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